



Legislation Text

File #: RES 21-1605, **Version:** 1

Recognizing Hope for the Day's 2021 National Suicide Prevention and action awareness throughout the City.

WHEREAS, the National Suicide Prevention + Action Month Proclamation was created to raise visibility of local mental health resources and suicide prevention services available with the goal of de-stigmatizing mental health through conversations, reducing the impacts and rates of suicide, and connecting people to resources and support; and

WHEREAS, According to the American Foundation for Suicide Prevention (AFSP), suicide is the tenth leading cause of death among adults, and the second leading cause of death among individuals between the ages of 10 and 34 in the US; and

WHEREAS, more than 48,000 people died by suicide across the United States in 2018, with an average of 132 suicides completed daily; and

WHEREAS, each and every suicide directly impacts a minimum of 100 additional people, including family, friends, co-workers, neighbors, and community members; and

WHEREAS, global organizations like Hope For The Day (HFTD) and our local mental health partners serve on the front lines of a war that many still refuse to discuss, as stigma regarding suicide and mental health issues is far too prevalent; and

WHEREAS, the Saint Paul City Council encourages all residents to take the time to understand the importance of mental health education and recognize that taking care of ourselves and others includes taking care of mental health; and

WHEREAS, The City of Saint Paul further encourages residents to share about HFTD's 74 mental health care programs citywide; and

WHEREAS, locations across the city are Open Cities Health Center on 916 Rice Street, Open Cities Health Center on 409 North Dunlap Street, Outpatient Counseling on 1246 University Avenue West, Lutheran Social Service of Minnesota - Individual and Family Counseling on 700 Snelling Avenue South and Avivo - Adult Mental Health Services on 1450 Energy Park Drive and more resources of information are at <https://hftd.auntbertha.com>; and

WHEREAS, we encourage all residents of the City of Saint Paul to take time to inquire as to the wellbeing of

their family, friends, and neighbors to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

NOW, THEREFORE, be it resolved that in the year of 2021 that the Saint Paul City Council do hereby recognize National Suicide Prevention + Action Awareness throughout the City of Saint Paul.