## **Trauma Sensitive Library**

2018



## **3 Parts of the Trauma Sensitive Library Project**



### The Work of the Social Worker

**March-September** 

**39 Staff Consultations** 

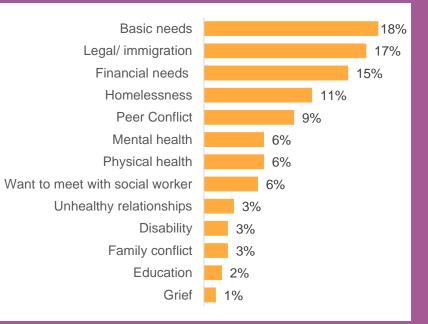
**123 Patron Contacts** 

**188 Children Impacted** 

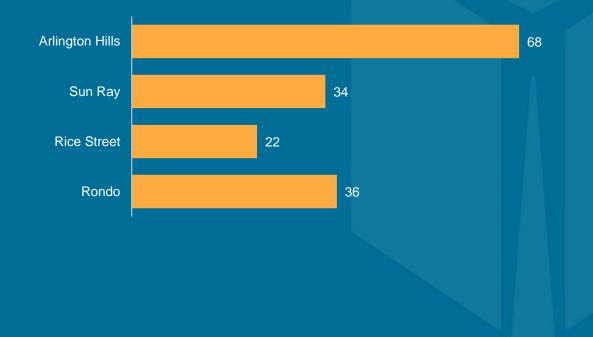
**350 People Affected** 



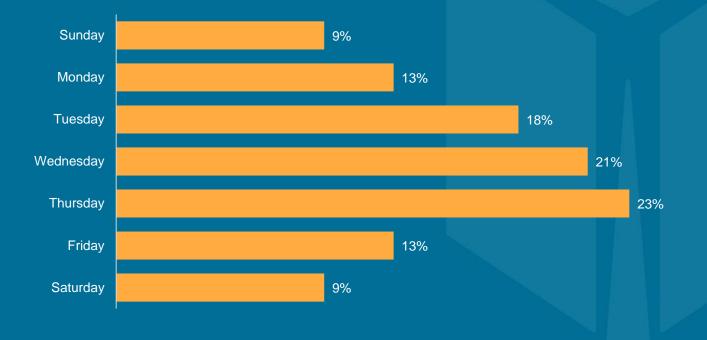
Highest needs across libraries as reported by patrons



### Number of Needs per Library



### Which Days Patrons Seek Library Staff Assistance with Needs





- Over 600 training hours
- 22 Training sessions were offered
- Over 100 staff members trained
- Staff from every library location participated

### **Trauma Sensitive Library Training**

- Trauma Informed Customer Service
- Behavior Modification and De-Escalation
- Physical Safety and Emotional Boundaries
- Secondary Traumatic Stress, Vicarious Trauma, and Burnout for the Helping Professional
- Survival Based Youth: Engaging Youth who have Experienced Trauma (part 1)
- Survival Based Youth: Establishing and Maintaining Positive Behavior Norms and Standards (part 2)
- Survival Based Youth: Limit Setting Team Building Discussion (part 3)

# How will we apply what we learned?

better going being behavior boundaries customer apply work language support needed teens awareness needs others recognize just USE interactions something burnout using difficult phrases own ways aware staff choice always keeping way important talk power make training things patron colleagues self give sav personal strategies continue dealing help keep sure practice situations symptoms care some signs feel time myself mind try because library issues think options know different mean scenarios situation people most need mindful other trauma stress recognizing offer learned choices professional provide about

Word)*It*O



"I will be more aware of the verbage I use with patrons, adults and children, to make sure that my interaction with them is affirming, validating, and positive. This way I can build trust with our patrons and provide the highest form of customer service."

-Library Staff

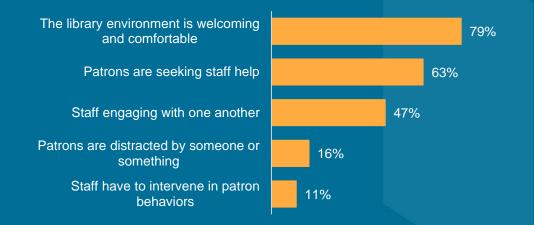


"Helpful reminder that many of our patrons/customers and some colleagues as well have trauma-influenced histories; work toward figuring out the logistics of managing my own needs so I can continue serving in my job in the way I need to."

-Library Staff

### Impact on environment and staff confidence

#### Staff observations of the library environment





### **Staff Pre-project and Post-project Surveys**

- Knowledgeable about community and government resources outside of the library: Spring 70% - Fall 97%
- Confident in their ability to refer patrons to community and government resources outside of the library: Spring 45% Fall 94%
- Prepared to handle most behavioral incidents in the library (noise, swearing, horseplay etc.): Spring 60% - Fall 92%
- Prepared to handle most emergency situations in the library (fights, medical emergencies, illegal activity, etc.): Spring 40% - Fall 75%

"I think what we learned can be applied to both our professional and personal lives --realize that most people have experienced trauma at some point in their life and practice talking to people in a way that gives them the most control of a situation. I can see that even just starting with this and being aware of others' outside lives is a huge step in being trauma informed."

-Library Staff

## What's next for 2019

Reflective Practice Secondary Trauma for Managers Reflective Practice for Managers Restorative Practices Trauma –sensitive approach to security

