

FSA funds for 2017 must be spent by Dec. 31

Don't lose your hard-earned money; spend your FSA funds

Don't lose your hard-earned money. Make sure you spend all of the money you put into your 2017 medical flexible spending account by the end of the year.

Anything not spent by Dec. 31, 2017, is not carried over in a flexible spending account. It is lost.

To determine your balance, go to www.wealthcare-admin.com and select the participant portal to login. If you have difficulties remembering your login or password, contact CieloStar at 612-436-2778.

Remember, there will be two balances if you use both a flexible savings account and have earned health account money from the city for participating in certain health care plans and the Healthy St. Paul incentives.

The flexible spending money you set aside in 2017 must be spent in 2017 or it will be lost. The website abbreviates that balance FSA.

The website lists the health account money as HRP. This money rolls over each year and does not need to be spent each year.

If you have questions, call CieloStar at 612-436-2778.

You have until February of 2018 to get reimbursed for the FSA money you spent in 2017, but it must have been spent in 2017. It can not have been spent in 2018.

The most efficient method of submitting claims is by fax, 612-335-9217.

You can also submit the form and supporting documents by email at flex@cielostar.com after scanning your documents.

You can elect to have the payments directly deposited to your bank account, or you can have a check mailed to you.

Sign up now for biometric screenings in January

Now is the time to sign up for biometric screenings on site. They are free and you don't have to travel to your doctor's office.

The screenings are one of the items that you can earn points for under the new Healthy Saint Paul incentive program.

The screenings are set for January 10 and 25 at the water utility cafeteria, but you can attend any of the city testing locations that fit your schedule.

No matter where you go, you must schedule the appointment in advance. You must also use your full name to be sure your results are sent to Medica's My Health Rewards portal.

Go to <https://pickatime.com/cityofstpaul> and create an account using an email address and password.

Medical staff will take measurements of your blood glucose levels, body mass index, height, weight, and your cholesterol levels.

In order to get the most accurate reading of the LDL cholesterol and triglycerides, it is recommended that you fast if possible. The tests do not require fasting, however.

Talk to Racquel Vaske at 266-6815 if you need more information.

Retiree Devaney passes away

Joseph "Joe" Devaney, retiree, passed away on Nov. 17, 2017 at the age of 73.

He began his career as a water shed laborer in 1970, and held that position until 1982, when he became a ditch digger. He became a water laborer in 1984, until moving to water utility worker I in 1992. That is the position from which he retired in 1998.

There was a funeral Monday, November 27.

Devaney was the uncle of Steve Gleason, business division manager.

Our condolences to Joe's family, friends, and former co-workers.

2017 employee conference brings staff together



The employee conference was held Nov. 29 at the TIES convention center off of Larpenteur Ave. in St. Paul. Above, Jeremy Wry and Jim Duffy put together a hydrant for a group of teams that then needed to answer a quiz about what they just saw as part of the team competition. Team 15 of Jerry Ludden, Aaron Alt, Aaron Schmidt, Kathy Travis, Judy Howard, Phi Pham, and Jeff Gehring took home the top prize, beating out 23 other teams.



Matt Anfang, Board of Water Commissioners president, thanked the staff for all of their hard work.



Commander Joshua Legos taught a session on de-escalation training.



Teams answer a quiz sheet for the competition for the maps and records session of the team building exercises.



The Pillsbury House performance "Breaking Ice" made fun of work place stereotypes and offered time for thought-provoking conversation during the morning session.



Steve Nystrom delivers water samples to Jen Wilkins and Travis Seidl of team No. 19 during the water-tasting exercise.