

Building a home



Top, Todd Freking, info. tech analyst, works on the stairwell at 715 Cook Ave. in Saint Paul, while Phi Pham, water utility tech, works in the attic of the new home going up for the Habitat for Humanity project there on July 11.



City cookout date is Aug. 15; volunteers sought for event

Free food, free entertainment, and free adult beverages await city employees at the annual employee cookout.

Saint Paul police and fire will have staff doing demonstrations. Police will have SWAT teams, mounted patrol, and the bomb squad while fire will

Healthy St. Paul deadlines approaching Can you afford to lose \$300? What about \$600?

The city is giving away up to \$900 in health care incentives if you are willing to do some minor investments of time in the Wellbeing program through Healthy St. Paul.

One hundred eighty-seven people at the water utility have already taken part in the first incentive: the health bioscreening. That was due the end of February. Of those 187 people, 49 have not completed their online health assessment. You have until September 30 to complete the online health assessment, but don't put it off until the last minute and then forget about it. Do it now and get your first \$300 in the bag.

There are even two people who have completed both their bioscreening and their coaching incentives, but have yet to fill out their health assessment. That's worth another \$600.

Although no longer guaranteed to get in all of your phone coaching as part of your second incentive, if you have already done the bioscreening and the health assessment you could still nab that extra \$600 if you sign up for the phone coaching today. Call 952-883-7800 and get going so you can complete your three coaching calls by the September 30 deadline.

So far, only 62 percent of water utility employees have earned the \$300 incentive and only 28 percent have taken advantage of the additional \$600 incentive.

That means many of you are leaving money with the city that could be yours.

Last year, 70 percent of water utility staff earned the first \$300 incentive, and 65 percent also earned the second \$600 incentive for a total of \$900 in free money.

For those that have completed their Omada online coaching for their coaching portion of their incentive, the city will do a batch upload in September when everyone's Omada incentive will appear.

Highland tower draws crowd



Richelle Nicosia, water utility tech., talks to a visitor to the Highland Park water tower on Sunday, July 16. The tower was open to the public both Saturday, July 15, and Sunday. The tower is open every year in conjunction with Highland Fest. This year, the tower drew in a crowd of 1,969 people over the two days. The next open house is October 14 -15.

City cookout date is Aug. 15

[Cookout continued from page 1](#)

have fire trucks onsite. Various vehicles used by public works and the forestry departments will also be available at the event.

The K-9 unit will be on hand and the fire department will have a kitchen fire safety demonstration.

There will be a jump castle, face painting, climbing wall, massages, Bingo, kickball tournament and Brodini the Magician to entertain you.

You can get more information from agencies such as Health Partners, Healthy Saint Paul, and various city departments.

Volunteers are sought for set up, clean up, registration, the beer wagon, food service, and more.

Contact Nancy Denkinger at nancy.denkinger@ci.stpaul.mn.us or at 228-6206 if you can volunteer an hour of your time on the day of the picnic.

The annual employee cookout will take place from 4:30 p.m. to 8:30 p.m. on Tuesday, Aug. 15, in the East Pavilions at Como Park. Registration begins at 4 p.m.

Adults must provide ID and register for an armband to take part in adult beverages.

Will Menkhaus hired

Engineering has added a civil engineer II to its ranks.

As of July 5, Will Menkhaus has been working with the water utility.

He reports to Rich Hibbard.

Please welcome Will to the water utility.



Will Menkhaus

Launderville moves to dispatch

Bob Launderville has added a title to his name. He is now a water service worker - control desk, working in dispatch as of July 8.

He reports to Kathy Travis and works the night shift.

He will keep his water utility worker II title as well as his new title.

Please congratulate Bob on his new position.



Bob Launderville

Save money with your MERSC membership

Did you know that as an employee of the city of Saint Paul you are automatically a member of MERSC, the Minnesota Employee Recreation & Services Council?

This group provides discounts to a variety of activities, events, services, sports tickets and the like.

Their website is www.MERSC.org and it pays to check it every once and a while to find out about their current offerings.

For instance, right now they are offering \$16 Saints tickets that come with a free hat that has a \$29 value. Twins tickets can be had at a discount for select games.

If you are traveling to Duluth or beyond to the north shore, there are several hotels offering discounts on rooms ranging from 10 percent to 20 percent off, depending on dates.

You can get \$10 off a new AAA club membership, or \$25 off a home house cleaning from a home cleaning service, or 10 percent off mosquito spraying in the Twin Cities metro area.

So, check it out and see what you can save.