

## New CareOptions benefit available online for free

City staff are excited to introduce CareOptions, a new benefit that is available to city employees through the Minnesota Benefit Association (MBA). CareOptions is your go-to source for countless, valuable healthcare and wellness resources at no cost to you.

With CareOptions, you have immediate, unlimited access to an unbiased selection of health, wellness and care resources. With today's changing insurance industry, it's vital that you continue to be educated and informed about the changes that impact you and your loved ones. CareOptions is your go-to source for trustworthy, unbiased information at your fingertips and is accessible from any computer, smartphone or tablet.

After signing up for CareOptions, members will have the ability to:

- Take health, wellness and home safety assessments.
- Calculate your loss in total income and social security benefits if your work hours or days were reduced for any reason.
- Find special services to assist with a short or long-term disability.
- Locate physicians, hospitals and other providers locally or nationwide, complete with background and quality of care information. This includes assisted living, nursing homes, home health care, adult day care, homemaker services, and rehabilitation providers.
- Learn about specific medical conditions and treatment options with an up-to-date Medical and Medication knowledge base.
- Locate professional care managers and elder care attorneys in your area.
- Save hundreds of dollars on important document sets like Living Wills, Health Care Power

## Here we go! TASS/CMMS interface goes live



**Above, staff from several different areas take a refresher course from Claire Simonson of the office of financial services to get any questions answered and to make sure everyone understands the new timekeeping process.**

**Starting tomorrow, April 15, the new TASS-CMMS interface is live. Most employees have been practicing in the system for the past few weeks and are familiar with how the new system works.**

of Attorney, and Caregiver Agreements. Store your important documents in your own personal password-protected, encrypted file cabinet.

- Access brain teaser games to improve your cognition and memory.

You can get more information or sign up at: [www.MinnesotaBenefitAssociation.org](http://www.MinnesotaBenefitAssociation.org) and select CareOptions.

The MBA is looking forward to helping members navigate their health and wellness.

Should you have any questions about this new tool please contact the Minnesota Benefit Association at 651.735.9874 or [info@MinnesotaBenefitAssociation.org](mailto:info@MinnesotaBenefitAssociation.org).

## Temps return, new employees begin as the construction season starts

The water utility welcomes back seven seasonal temps and introduces seven new employees as of Monday, April 3, as the utility gears up for the 2017 construction season.

The returning temps are Mark Coulter, James Gill, Jon Hakes, Jeremy Larson, Tom Longendyke, Walter O'Neal, and Mike Sherman.

New to the utility are Brandon D'Agostino, Greg Gauster, Tom Maki, Mike McNamara, David Olson, Nick Roth, and Alex Zinos.

All are water utility workers.

Please welcome all of them to the water utility.



Mark Coulter



James Gill



Jon Hakes



Jeremy Larson



Tom Longendyke



Walter O'Neal



Mike Sherman



Brandon D'Agostino



Greg Gauster



Tom Maki



Mike McNamara



David Olson



Nick Roth



Alex Zinos

## Vacation donation sought for former employee, Jane Schallert

Jane Schallert worked in the meter operations office as an office assistant for several years. She is now in need of vacation donation as she has exhausted all sick leave and vacation due to a medical condition. The city has approved this request.

She currently works as an office assistant in the police department.

If you would like to donate vacation to Jane, please email Lori Holden at [Lori.Holden@ci.stpaul.mn.us](mailto:Lori.Holden@ci.stpaul.mn.us) with a signed release indicating how much vacation you wish to transfer, or contact Racquel Vaske in human resources at the water utility.

Thank you for your thoughtful consideration of this request.



Jane Schallert

## Two earn promotions

Barb Martin and Alexis Rossow have earned promotions at the water utility as of April 1.

Barb works in finance and has been promoted to an accounting clerk. She was previously an office assistant II.

Alexis Rossow has been promoted to a water quality specialist I. She was previously working as a water lab tech. II.

Alexis continues to work in the water quality lab.

Congratulations to both Barb and Alexis on their promotions.



Barb Martin



Alexis Rossow