

# Community Health Improvement Plan Goals and Objectives

S A I N T   P A U L   –   R A M S E Y   C O U N T Y   P U B L I C   H E A L T H

The Ramsey County Community Health Improvement Plan Committee (CHIPC) was convened in 2013 and identified **a healthy, equitable community for all people to live, work and play** as the vision for the county's future health. Aligned with the vision, the CHIPC created the following five priority goals, with supporting objectives and preliminary strategies, to help transform the health of the community.

**Goal 1:**  
Create social  
and physical  
environments  
that promote equity  
and good health  
for all people in  
Ramsey County.

## Social Determinants of Health Objectives

1. Reduce the percentage of the population living in poverty in Ramsey County from 17 percent to 10 percent by December 2018.
2. Reduce the percentage of children under 18 living in poverty in Ramsey County from 24 percent to 14 percent by December 2018.
3. Reduce the percentage of households paying 30 percent or more of income for monthly housing in Ramsey County from 38 percent to 28 percent by December 2018.
4. Reduce the unemployment rate for non-Hispanic white, black/African American, Asian, Hispanic age 16 and older groups in Ramsey County to 7 percent by December 2018.
5. Increase safe, accessible, efficient, affordable transportation options (transit, walking, biking) in Ramsey County by 20 percent by December 2018.
6. Increase the percentage of students in Ramsey County who graduate from high school within four years to the Healthy People 2020 goal of 82 percent by December 2018.

**Goal 2:**  
Promote proper  
nutrition and  
healthy body weight  
for all people in  
Ramsey County.

## Nutrition, Weight and Active Living Objectives

1. Increase the percentage of Ramsey County 9th graders who eat five or more fruits and vegetables per day from 18 percent to 23 percent by December 2018.
2. Increase the percentage of Ramsey County 9th graders who get moderate physical activity for 20+ minutes for 5+ days per week from 48 percent to 53 percent by December 2018.
3. Decrease the percentage of Ramsey County 9th graders who are overweight or obese from 25 percent to 20 percent by December 2018.
4. Increase the percentage of Ramsey County adults who eat five or more fruits or vegetables per day from 39 percent to 44 percent by December 2018.
5. Increase the percentage of Ramsey County adults who get moderate physical activity for 30+ minutes for 5+ days per week from 45 percent to 50 percent by December 2018.
6. Decrease the percentage of Ramsey County adults who are overweight or obese from 60 percent to 55 percent by December 2018.

## Goal 3:

Ramsey County residents will access the appropriate level of health care services at the appropriate time.

## Access to Health Services Objectives

1. Increase the utilization of preventive services among publically funded enrollees and uninsured individuals in Ramsey County by 5 percent by December 2018.
2. Decrease potentially inappropriate emergency department services among publically funded enrollees and uninsured individuals in Ramsey County by 5 percent by December 2018.

## Goal 4:

Improve mental health/ mental disorders/ behavioral health through prevention and by ensuring access to appropriate, quality mental health/ mental disorders/ behavioral health services for all people in Ramsey County.

## Mental Health/Mental Disorders/Behavioral Health Objectives

1. Decrease the amount of time that persons in Ramsey County living with mental illness wait before seeking help by 10 percent by December 2018.
2. Increase the number of health care home models for behavioral health that serve Ramsey County residents by 10 percent by December 2018.
3. Decrease the wait time in Ramsey County hospital emergency departments for mental health admission by 10 percent by December 2018.
4. Decrease the percentage of Ramsey County 9th grade Hispanic females reporting suicidal ideation from 25 percent (in 2010) to 20 percent by December 2018.
5. Increase the number of in-patient beds in Ramsey County for mental health patients in crisis by 25 percent by December 2018.
6. Increase the number of residential openings for Ramsey County persons in crisis because of drugs or alcohol by 25 percent by December 2018.
7. Increase the number of Ramsey County public school-based child mental health professionals by 20 percent by December 2018.

## Goal 5:

Prevent violence and intentional injuries, and reduce their consequences for all people in Ramsey County.

## Violence Prevention Objectives

1. Decrease the percentage of Ramsey County 9th graders who have been bullied during the last 30 days from 52 percent (in 2010) to 42 percent by December 2018.
2. Increase the percentage of Ramsey County students of color who participate in out-of-school activities three or more times per week from 51 percent (in 2010) to 61 percent by December 2018.
3. Decrease the percentage of Ramsey County female students who have ever been "hit, hurt or threatened" by someone they are dating from 11 percent (in 2010) to 5 percent by December 2018.
4. Decrease the percentage of Ramsey County students of color who have ever been "hit hard or often" by an adult from 16 percent (in 2010) to 0 percent by December 2018.

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