

## Lifetrack Families Together Therapeutic Preschool

### Program Description

September 28, 2015

Lifetrack 's Families Together Therapeutic Preschool works with children who have experienced abuse, neglect, and other traumas that have resulted in a medical diagnosis related to emotional, behavioral, physical or cognitive development.

The program utilizes both early learning classroom based programming; on site individual rehabilitation and mental health therapies and home based family education and support services. Lifetrack's program includes transportation to and from the 709 University Avenue West center. Two classrooms are used to operate 4 total classes comprised of up to 12 children, ages 2 years and 9 months up to 5 years. It is common that parents or families of children within the program may have lost parental rights or have an active court order of protection. Both classrooms have a room capacity of 38 and hours of operation are 8:00 a.m. to 4:00 p.m.

Staff within the program are credentialed and highly trained in medical therapies, trauma, early childhood development, and family education and intervention. Lifetrack maintains strict safety and security protocols for the Therapeutic Preschool and its 709 University Avenue facility due to the presence of highly vulnerable children and adults with disabilities. Lifetrack maintains licensing with the Minnesota Department of Health and Minnesota Department of Human Services. The Therapeutic Preschool is monitored and accredited by NACYE, Minnesota's Parent Aware Program and Ramsey County Early Head Start/CAP.