

St. Paul Neighborhoods ACT on Alzheimer's

WHEREAS, we proclaim that St. Paul is "The Most Livable City in America". Our strength lies in our residents.

WHEREAS, St. Paul is aging. 9% of St. Paul Residents--approximately 26,000 people--are age 65 or older. (2011 estimate, US Census Statistics)

WHEREAS, With the coming age wave, Alzheimer's disease and related dementias will reach epic proportions. One in eight people over 65 have Alzheimer's and nearly 50% of people over 85 have the disease. By 2025, it is expected that 125,000 Minnesotans are expected to have the disease. 70% of people with dementia live at home.

WHEREAS, For every person living with Alzheimer's there are on average 2 caregivers supporting them with unpaid care valued at \$3.3 billion. Without change, the total cost of care for Minnesotans 65+ with Alzheimer's could reach \$20 billion, most of that coming from personal funds and Medicaid dollars.

WHEREAS, ACT on Alzheimer's is a state-wide collaboration to prepare for the budgetary, social, and personal impact of Alzheimer's disease. The St. Paul Neighborhoods ACT on Alzheimer's has emerged to address the impacts of Alzheimer's in a way that makes sense for our unique community. Key partners in include Carondelet Village (Convener), the Metropolitan Area Agency on Aging, Amherst H Wilder Foundation, Alzheimer's Association, St. Paul Advisory Committee on Aging, and ACT on Alzheimer's. This coalition will focus initially on 6 neighborhoods: Highland Park, Mac-Groveland, West 7th, Summit Hill, Summit University, and Union Park.

WHEREAS, St. Paul Neighborhoods ACT on Alzheimer's will use a comprehensive community tool kit that includes information and resources for how to prepare for needs related to dementia. It will help us to

- **Convene** key community leaders to understand the disease and its implications for St. Paul,
- **Assess** current strengths and gaps in meeting needs that result from Alzheimer's disease,
- **Identify** community goals and plan possible ways to respond, and
- **Act Together** to establish implementation plans to achieve goals and measure progress over a 3-year period.

WHEREAS, Alzheimer's will impact our community and we believe that residents of St. Paul can work together to find powerful responses to meet growing needs; now therefore be it

PROCLAIMED, that the Council of the City of St. Paul supports St. Paul Neighborhoods ACT on Alzheimer's initiative in a commitment to develop a community that is fully capable of supporting individuals and families living with dementia in the great city of St. Paul; let this be

PROCLAIMED, that Wednesday, **February 12, 2013**, is

ACT on Alzheimer's awareness and kick-off day

In the Great City of St. Paul, Minnesota.



Every Minnesotan makes a difference.

www.ACTONALZ.org

What is ACT on Alzheimer's



statewide

50+
ORGANIZATIONS

collaborative

150+
INDIVIDUALS

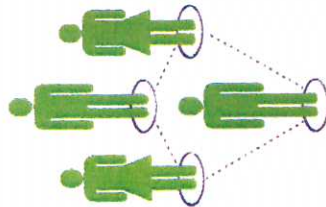
voluntary

IMPACTS OF ALZHEIMER'S

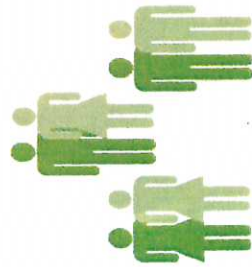
BUDGETARY



SOCIAL



PERSONAL



Genesis of ACT on Alzheimer's



- 2009 Legislative Mandate for Alzheimer's Disease Working Group (ADWG)
- Legislative Report Filed in January 2011
- ACT on Alzheimer's is second generation of work focusing on implementation



Collaborative Structure



35+

LEADERSHIP COUNCIL

Advisors • Strategists • Champions

10+

MANAGEMENT STEERING COMMITTEE

Organizations actively involved in day-to-day operations

150+

OPERATIONS

- *Executive Lead*
- *Project Director*
- *Project Manager*
- *Five Leadership Groups*
- *Fiscal Sponsor*
- *Host*

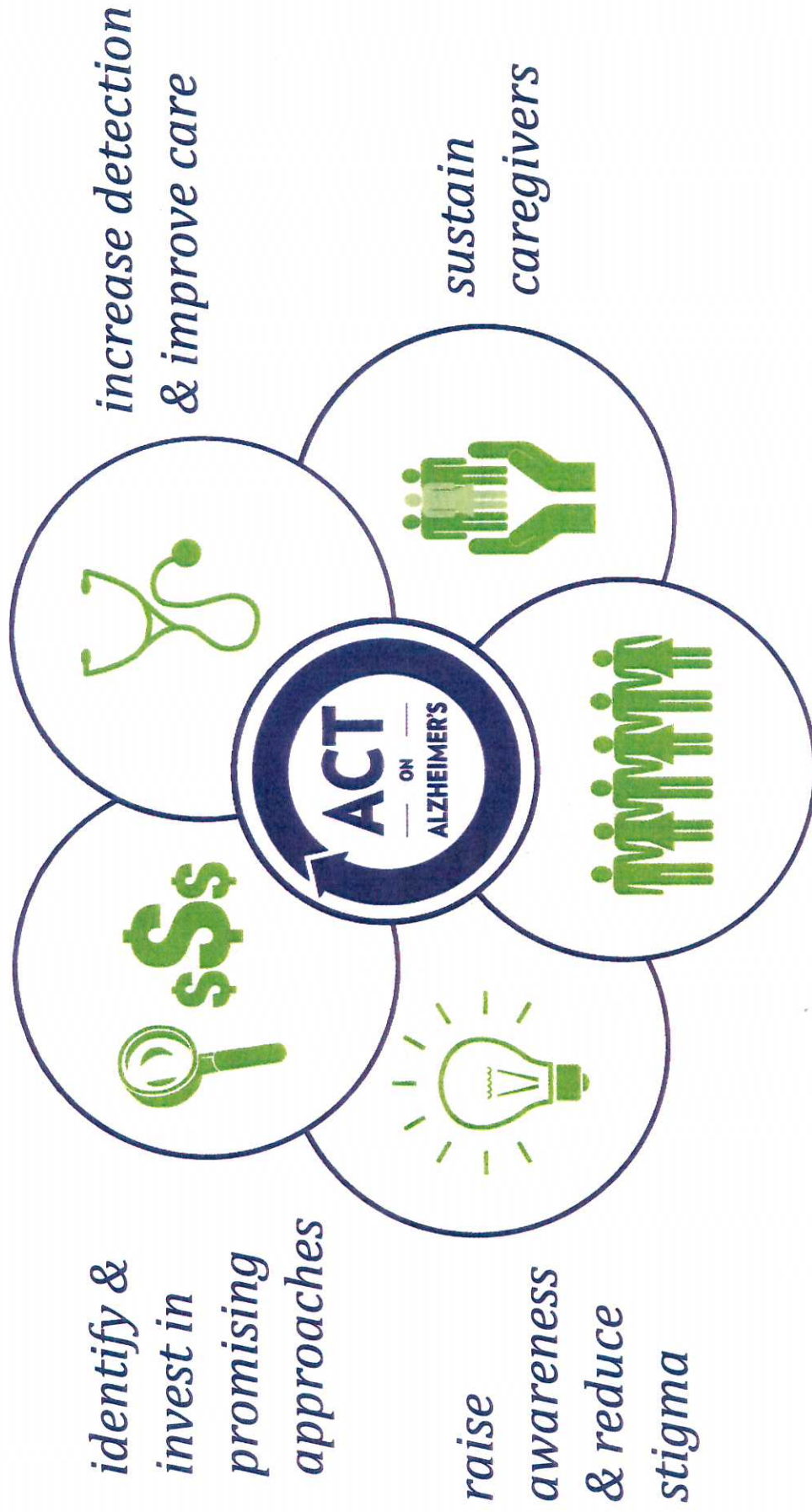
Leadership Council Membership



Bob Karrick | Chair, Prepare Minnesota for Alzheimer's
Yvonne Prettner Solon | Honorary Chair,
Lieutenant Governor of Minnesota
Julie Allen | Community Volunteer
Glenn Andis | Medica Health Plans
Ellen Benavides | Minnesota Department of Health
Krista Boston | Minnesota Board on Aging
Susan Spalding | Alzheimer's Association of Minnesota
Jim Campbell | Community Volunteer
Jim Chase | Minnesota Community Measurement
Bobbie Cordano | Amherst H. Wilder Foundation
Patti Cullen | Care Providers Minnesota
Chuck Denny | Community Volunteer
Lawrence (Lorry) Massa | Minnesota Hospital Association
Susan Marschalk | Minnesota Network of Hospice and
Palliative Care
David Foster | Community Volunteer
Rep. Steve Gottwalt | Minnesota House of Representatives
Kathleen Harrington | Mayo Clinic and Minnesota Board on Aging

Paula Hart | Volunteers of America Minnesota
Tom Horner | Community Volunteer
Michele Kimball | AARP
Gayle Kveold | Aging Services of Minnesota
Jennifer Lundblad, PhD | Stratis Health
Tom Mahowald | UCare
Riley McCarten, MD | VA Medical Center
Robert Meiches, MD | Minnesota Medical Association
Deborah Paone | Normandale Center for Healing and Wholeness
Ronald Petersen, PhD, MD | Mayo Alzheimer's Disease
Research Center
John Tschida | Courage Center
Patricia Riley | Blue Cross Blue Shield of Minnesota
Mike Rosenbloom, MD | Neurologist, Health Partners
George Schoephoerster, MD | Geriatric Services of Minnesota
John Selstad | Community Leader
Kate Seng | GHR Foundation
Dawn Simonson | Metropolitan Area Agency on Aging
Jean Wood | Minnesota Board on Aging

Goals of ACT on Alzheimer's



*identify &
invest in
promising
approaches*

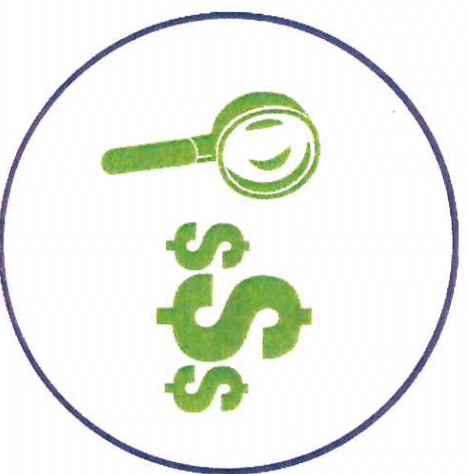
*increase detection
& improve care*

*raise
awareness
& reduce
stigma*

*sustain
caregivers*

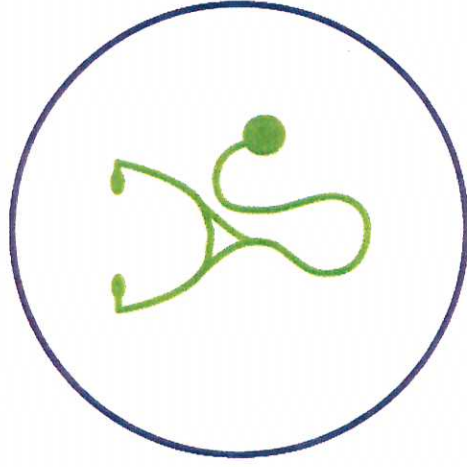
equip communities

Identify and Invest in Promising Approaches



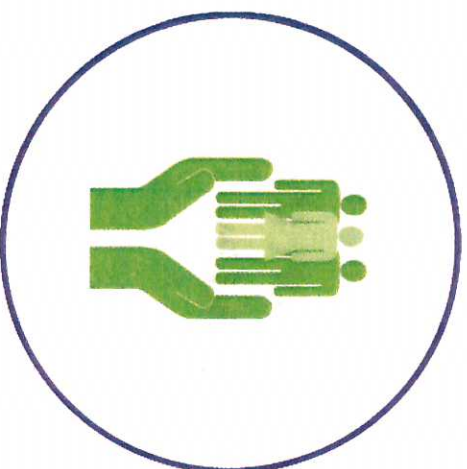
- Synthesize current and future direct and indirect costs of Alzheimer's and related dementias
- Model promising approaches to control costs associated with Alzheimer's while maintaining quality care
- Approaches: In-person caregiver support and transitional care

Increase Detection and Improve Care



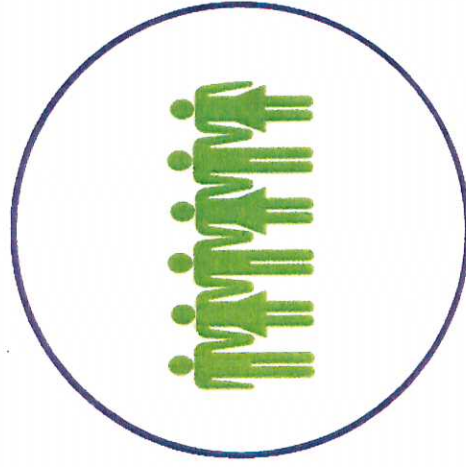
- Develop and disseminate Practice Tools that support providers in assessing, diagnosing, treating and managing dementia
- Foster effective linkages between clinical and community based organizations
- Develop dementia curriculum for health professionals and standards for health care homes
- Foster care management organized around the diagnosis of dementia

Sustain Caregivers



- Enhance State resources and information for persons with dementia and their caregivers (minnesotahelp.info and Senior Linkage Line)
- Enhance care navigation and expand in-person care consultation resources

Equip Communities and Raise Awareness



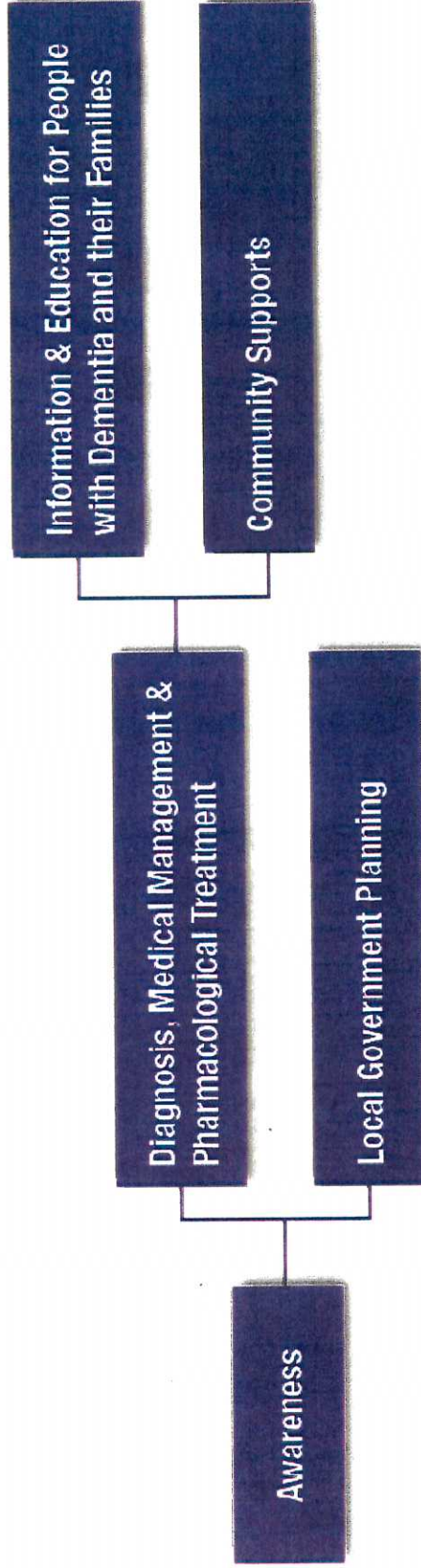
- Develop a Community Toolkit to assist communities in becoming dementia capable so they can support their residents who are touched by Alzheimer's disease
- Support community implementation of the toolkit

What is a Dementia Capable Community?



A dementia capable community is informed, safe and respectful of individuals with dementia and their families, provides supportive options, and fosters quality of life.

Key Elements of a Dementia Capable Community



Phases of Community Action



Convene key community leaders and members to form an Action Team.



Assess current strengths and gaps within the community.



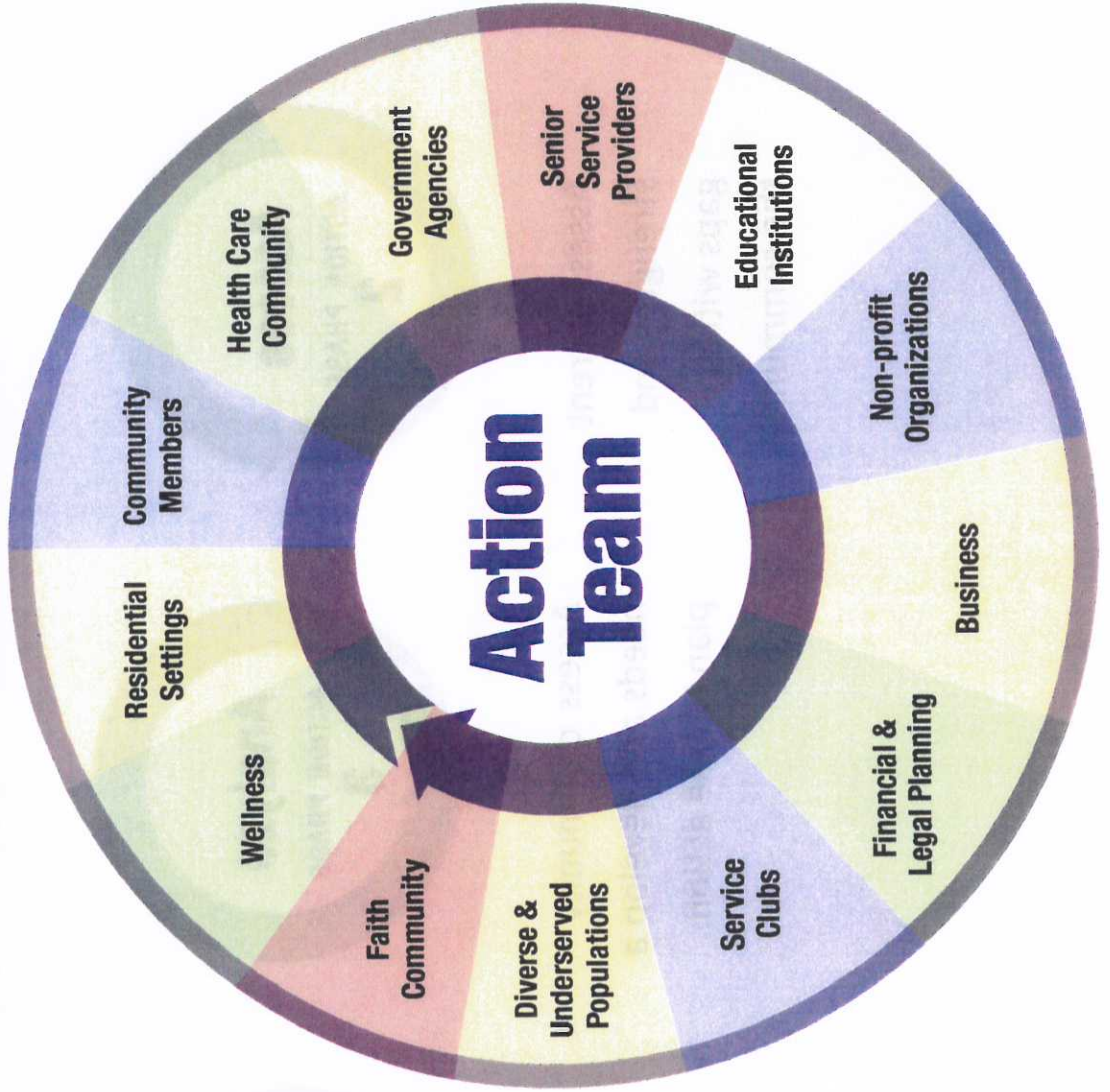
Assess community needs and develop a plan to take action.



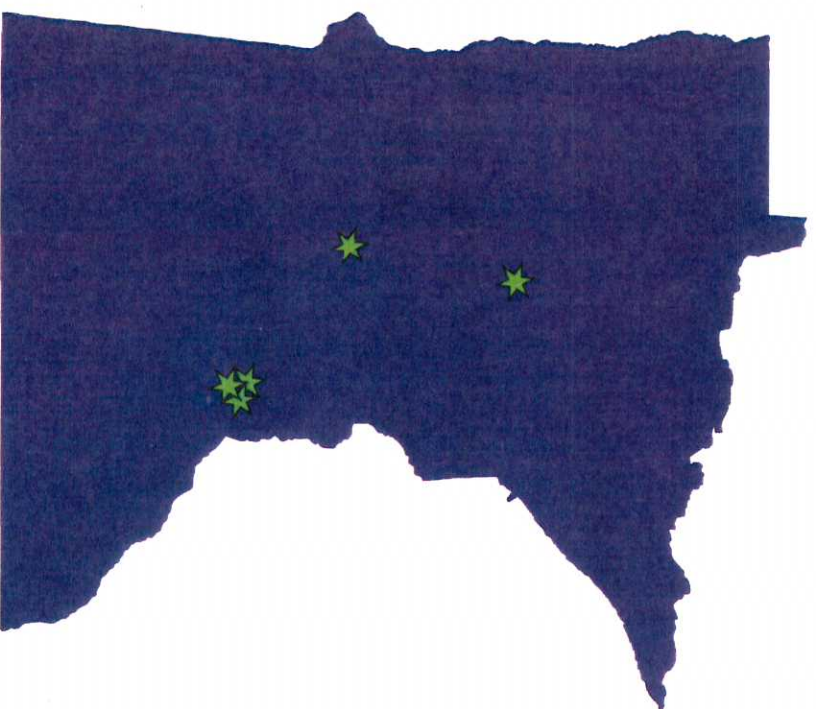
ACT Together to pursue priority goals to foster community readiness for dementia.



Building an Action Team



Pilot Action Communities



- Willmar Area Dementia Network (Willmar Area)
- Walker Community Coalition (Walker, MN)
- Twin Cities Jewish Community Alzheimer's Task Force
- St. Louis Park/Hopkins Coalition
- St. Paul Neighborhoods Coalition

Supports for Communities



- Building a community team
- Supporting a local coordinator
- Providing technical assistance
- Prioritizing and implementing goals that foster a dementia capable community
- Tracking and evaluating progress
- Communicating
- Publicizing results



www.ACTonALZ.org

Join Us!

