

List of Nautilus Equipment being donated to the City of St. Paul by Stanley Babel

Item	Muscles Strengthened	Price New (Approx.) 5000	Current Value (Approx.) 1000
OVERHEAD PRESS	DELTOIDS TRICEPS UPPER TRAPEZIUS	4800	1000
LATERAL RAISE	DELTOIDS UPPER TRAPEZIUS	5500	1000
LAT PULL DOWN	LATISSIMUS DORSI TERES MAJOR BICEPS	4200	1000
LEG EXTENSION	QUADRACEPS	4500	1000
VERTICAL CHEST	PECTORIS MAJOR TRICEPS ANTERIOR DELTOIDS	4200	1000
PREACHER CURL	BICEPS BRACHIALIS FOREARMS		

ALL PIECES ARE IN EXCELLENT CONDITION WITH MINIMAL USE!!!
HEAVY DUTY CASTERS ARE ATTACHED FOR EASY RELOCATION