



Reframing Aging

Opportunities for aging in community

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“Aging in Community promotes social capital, a sense of trust and mutual interconnectedness that is enhanced over time through positive interactions and collaboration in shared interests.”

William Thomas and Janice Blanchard, *Moving Beyond Place: Aging in Community*

Broaden Housing Options

“Policies, investments and new tools should help create a built environment that intentionally provides opportunities for older people to easily participate in community life and activities. This allows them to age in community and not in isolated age-specific enclaves.”

American Planning Association, *Aging in Community Policy Guide*

Expand Connectivity

Connectivity, via physical transit options or electronic connections, contributes to an integrated community and an increased quality of life for all.

As you reflect on our recommendations for Aging in Community and in thinking about your own aging, what seems like the biggest shift from what we experience in St. Paul today?

Saint Paul

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