

Get in shape in the New Year

Did your New Year's resolution include getting fit or losing weight?

Did it also include saving money?

As an employee of Saint Paul Regional Water Services, you can do both.

We have free workout areas and locker rooms with showers onsite for use by all employees.

The main exercise room in the treatment plant has free weights, treadmills, rowing machines, elliptical trainers and both LeMond RevMaster racing-style and upright exercise bikes.

A treadmill, recumbent exercise bike, and elliptical trainer are located on the main floor of the administration building.

Vadnais station also has an elliptical trainer.

If you want walking tracks, Saint Paul Parks and Rec's Active Living fitness membership offers access to fitness rooms and indoor walking tracks at Saint Paul recreation centers for only \$30 a year for residents and those who work in the city of Saint Paul. Non-residents can join for \$60 a year.

Contact a participating recreation center for more information.

Fixing a main break



Joe Garcia, water system worker (center) receives a sleeve from Gordon Carney, water utility worker, (right, back to camera) while Jeremy Kiecker, water utility worker, looks on. Dustin Schluessler, water system worker, was in the box, working on the main break. The crew was at 1471 North Maywood on January 16. Brian Gomez was the crew foreman with Tom Lanigan at HEO and Rich Reeves operating the truck.

Don't lose your hard-earned money; Get your FSA money reimbursed

Don't lose your hard-earned money. Make sure you get reimbursed for all of the money you put into your 2014 day care and/or medical flexible spending account(s).

You have until Feb. 15 to submit any medical or day care expenses from 2014 to CelioStar.

You will lose any money remaining in your 2014 account that you have not claimed by Feb. 15 at 4:00 p.m.

You can find the reimbursement form at www.benefitready.com. Select the knowledge base icon, go to forms, and select the Medical/

HRA/Dependent Care Reimbursement Claim Form.

The most efficient method of submitting claims is by fax (number provided on claim form).

Printing a journal verifying a successful fax transmission serves as delivery confirmation.

To determine your balance, go to www.wealthcareadmin.com and select the participant portal to login. If you have difficulties remembering your login or password, contact CelioStar at 612-436-2778.

New payroll direct deposit advice gives details

The city unveiled a new look to our payroll stubs on the January 9 payday.

The direct deposit advice, as it is called, shows in much more detail the deductions and pay rates in place than the previous pay stubs. Employees are encouraged to look it over and become more familiar with it.

Check to make sure your information is correct on your direct deposit advice.

Any questions or concerns about the new direct deposit advice should be directed to CI-StPaul_Payroll-TASS@ci.stpaul.mn.us. More changes are already in the works, so keep an eye out for those changes next month.

These changes will include splitting out pay rates for different titles and more information on employee account distribution.

Employee ID		Process Level:		Pay Begin Date: 12/13/2014 Pay End Date: 12/26/2014		Advice # Advice Date: 01/09/2015								
				TAX Data		Federal State								
				Marital Status: Married		Married								
				Allowances: 0.00		0.00								
				Add.Amount:		0.00								
HOURS AND EARNINGS				TAXES										
Description	Rate	Current		YTD		Description	Current	YTD						
		Hours	Earnings	Hours	Earnings									
Regular	28.25	54.75	1437.11	54.75	1437.11	Medicare Employee	26.30	26.30						
VACATION	28.25	8.75	228.67	8.75	228.67	State Tax Withholding	72.03	72.03						
SK-SELF	28.25	8.50	223.11	8.50	223.11	Social Security Emp	112.45	112.45						
HOL-BNFT	28.25	8.00	209.99	8.00	209.99	Federal Tax Withhold	166.48	166.48						
Total:		2,099.88		2,099.88		Total:		377.26	377.26					
PRE-TAX DEDUCTIONS				AFTER-TAX DEDUCTIONS				EMPLOYER PAID BENEFITS						
Description	Current		YTD		Description	Current		YTD		Description	Current		YTD	
	Current	YTD	Current	YTD		Current	YTD	Current	YTD		Current	YTD		
Open Access Med - EE	72.94	72.94			Benefit Ready Card	0.55	0.55	Basic Life \$20K - ER	2.27	2.27				
Dental - EE	39.11	39.11			Vol Life / AD&D - EE	1.38	1.38	Open Access Med - ER	650.27	650.27				
FSA Medical - Pretax	104.17	104.17			AFSCME Clerical 2500	42.89	42.89	PERA Primary - City	157.49	157.49				
FSA Parking - Pretax	70.00	70.00			Vol Sp Life/ AD&D - EE	0.45	0.45	Social Security City	112.45	112.45				
PERA Primary - EE	136.49	136.49			Vol Short Term Dis	8.78	8.78	Medicare City	26.30	26.30				
					Child Life / AD&D - EE	0.35	0.35							
					Voluntary Ltd - EE	4.35	4.35							
Total:		422.71	422.71	Total:		68.76	68.76	Total:		948.78	948.78			
TOTAL GROSS		FED TAXABLE GROSS		TOTAL TAXES		TOTAL DEDUCTION		NET PAY						
Current:	2,099.88		1,877.17		377.26		481.46		1,241.16					
YTD:	2,099.88		1,877.17		377.26		481.46		1,241.16					

MERSC gives employees a break on prices



City of Saint Paul employees can enjoy a variety of discounts available through the Minnesota Employee Recreation & Services Council (MERSC).

Through their website at www.mersc.org, employees can receive discounts on everything from hotels and restaurants to college tuition and sporting events.

For most events or sports games like the Minnesota Wild or the Minnesota Timberwolves, you

must order directly through the MERSC website and follow the links to the order tickets area, using the special MERSC discount code provided.

For instance, MERSC members can get up to 25 percent off of VocalEssence choir performances by entering code MERSC1415.

The History Center and Children's Museum offer \$2 off admission by showing proof of MERSC membership, usually a paystub.

Colleges like Rasmussen offer a 10 percent tuition discount on courses. The Science Museum of Minnesota computer courses can be had for as little as \$125 for classes that normally cost \$139.

Everyday expenses for things such as dentists, haircuts, eye-glasses, fitness clubs, AAA road services, financial services, attorneys, mortgages, or even car wash coupons can be had at a discount through MERSC.

Look through the website for more information and discounts on things that would save you money.

Go to www.MERSC.org to find out about more ways you can save.